

RIGHTSIZING: SIMPLIFYING TO LIVE FULLY

Are you starting to feel overwhelmed by too much stuff? Are your parents thinking of downsizing and want you to take their family heirlooms? Whether you or your family member are thinking about becoming less cluttered or a future move, the best advice is to start now to pare down a lifetime of possessions.

Downsizing experts from Caring Transitions will share simple tips to the practical and emotional challenges that comes from sorting through all your stuff.

TUESDAY, MARCH 28

6:30-8:00 P.M.

A light dinner will be served.

RSVP to Mary Beth Kane by calling
973-718-3636 or emailing
mkane@arborcompany.com.



ARBOR TERRACE
morris plains